## About dementia

Alzheimer's disease is the most common cause of dementia

Dementia affects



850,000 people in the UK

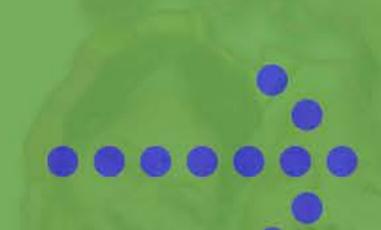


Figure set to increase to



over 1 million

people that care for 670,000+ someone is affected by dementia

## Early symptoms

Spot the signs of dementia and challenge stigma



Memory loss



Problems with language



Difficulty performing familiar tasks



Disorientation to time and place



Changes in mood or behaviour



Failure to recognise people or objects

# Our resources and services



### Benefits of staying at home longer

Practical advice to help those living alone with dementia to stay at home for longer



### Keeping healthy

Guidance on helping you achieve or retain a good level of mental and physical health



#### Where to get help

Our Resource Centre is an online library of information and support provided through a range of guides, interactive tools, video, audio and webpages



Follow us @BWCharity



Call our helpline 0800 0234 834



Email us help@bwcharity.org.uk



Visit us www.bwcharity.org.uk

